

FALL 2018

FINALS FAVORITES

11-1 PM • LBC First Floor

TULANE TUESDAY: KIT KAT & COFFEE BREAK
Wear your Tulane gear and grab a coffee and king-sized Kit Kat!

Sponsored by the Lavin-Bernick Center for University Life

DEC 4

3-5 PM • "O" Relaxation Lounge, LBC Lower Level

TREAT YO SELF THURSDAY
Free chair massages, brain food, space to relax, giveaways, activities, & self-care resources. Reserve your spot at <https://bit.ly/zArpqPd>

Sponsored by the The Well for Health Promotion & the Office of Multicultural Affairs

DEC 6

7 AM - 11 PM • LBC, Qatar Ballroom

OPEN STUDY SPACE FOR STUDENTS

Sponsored by the Lavin-Bernick Center for University Life

DEC 8-18

4 PM • Weatherhead Lobby

DONUT & SLIME MAKING
Study break for Weatherhead residents.

Sponsored by Housing and Residence Life

4-5:30 PM • Wall Lobby

FACULTY IN RESIDENCE STUDY BREAK
Study break for Wall residents.

Sponsored by Housing and Residence Life

9 PM • Howard-Tilton Memorial Library, Basement

FREE PIZZA STUDY BREAK AT HOWIE-T

Sponsored by Howard-Tilton Memorial Library & Newcomb-Tulane College

DEC 9

7-9 AM • JOLO Lobby/Ballroom

DONUT STRESS!
Study break for Josephine Louise residents.

Sponsored by Housing and Residence Life

9 AM • Irby & Phelps 2nd Floor Lounges

KRISPY KREME DONUT BREAK
Study break for Irby and Phelps residents.

Sponsored by Housing and Residence Life

10 AM • Aron Quad

BRAIN SNACKS
Study break for Aron residents.

Sponsored by Housing and Residence Life

3:30-5 PM • Greenbaum Kitchen

GREENBAUM STUDYBREAK
Study break for Greenbaum residents.

Sponsored by Housing and Residence Life

5-7 PM • Sharp Lobby

COFFEE & DONUTS
Study break for Sharp residents.

Sponsored by Housing and Residence Life

7:30-8:30 PM • Diboll Yoga Studio

RESTORATIVE YOGA STUDY BREAK
Take a study break at our all levels yoga class that focuses on relaxation, stretching, and alignment. Let go of tensions you don't need, build body awareness, and clear your mind.

Sponsored by Campus Recreation

DEC 10

11:30-2 PM • Warren Lobby

MAYER/WARREN STUDYBREAK
Study break for Mayer/Warren residents.

Sponsored by Housing and Residence Life

2-4 PM • Monroe Lobby

CEREAL BAR STUDY BREAK
Study break for Monroe residents.

Sponsored by Housing and Residence Life

DEC 11

5-7 PM • Mayer Quad

SOPH S'MORES
Sponsored by Housing and Residence Life

7 PM • Willow Lobby

ICE CREAM BAR
Study break for Willow residents.

Sponsored by Housing and Residence Life

7-9 PM • Berger Family Lawn

GOTTA STUDY S'MORE
Take a study break and hang out with TU Outdoor Adventures on the Berger Family Lawn while we roast some s'mores around the fire pits.

Sponsored by Campus Recreation

DEC 11 cont.

2 PM • Butler Hall Classroom

TRAIL MIX & COLORING
Study break for Butler residents.

Sponsored by Housing and Residence Life

2-5 PM • Tulane Bookstore

DE-STRESS FEST
Game boards, coloring pages, refreshments and music.

Sponsored by Tulane Bookstore

4-5 PM • Weatherhead Lobby

COME BE A KID AGAIN!
Study break for Weatherhead residents.

Sponsored by Housing and Residence Life

5-7 PM • Paterson Lobby

MASSAGES, FACEMASKS & TEA
Study break for Wall and Paterson residents.

Sponsored by Housing and Residence Life

9:30-11 PM • Wall Lobby

WEDNESDAYS WITH DR. WYLAND
Study break for Wall residents.

Sponsored by Housing and Residence Life

DEC 12

9 AM • Irby & Phelps 2nd Floor Lounges

DONUTS STUDYBREAK
Study break for Irby and Phelps residents.

Sponsored by Housing and Residence Life

9:30-11:30 AM • Greenbaum Kitchen

GREENBAUM BREAK
Study break for Greenbaum residents.

Sponsored by Housing and Residence Life

11:30-2 PM • Mayer A & B Lobbies

MAYER/WARREN STUDY BREAK
Come make stressballs and take a break from studying!

Sponsored by Housing and Residence Life

7 PM • Willow C Lobby

WILLOW RESIDENCES STUDY BREAK
Study break for Willow residents

Sponsored by Housing and Residence Life

DEC 13

3 PM • Aron Quad & Common Room

DESTRESS FOR FINALS
Study break for Aron residents

Sponsored by Housing and Residence Life

DEC 14



Tulane
University

Division of Student Affairs