PSA Talking Points

1. Wear a face covering
   a. Face coverings must be worn by all faculty, staff and students while inside a university facility or on any university property when in the presence of others.
   b. This includes all public spaces such as class, Tulane transit buses, and walking across campus.
   c. The only time you can be face-covering free is while exercising, eating, or when alone in your room.
   d. Appropriate use of face coverings or face masks is critical in minimizing risks to others near you.
   e. COVID-19 can be spread to others even if no symptoms are being displayed.

2. Do daily symptom checks
   a. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.
   b. Every day, you need to do your daily symptom check.
   c. All members of the Tulane Community will receive a text message every morning.
   d. Complete the symptom check and follow the feedback you receive.

3. Practice social distancing
   a. All students, faculty and staff members are required observe strict physical distancing.
   b. This means maintaining six feet of separation for any contact longer than 10 minutes, unless closer proximity is allowed by physical barriers.
   c. Physical distancing is recommended even for brief interactions.
   d. This applies in classrooms, labs, dining halls, lounges, gyms and other communal spaces.
   e. Remember, you still need to wear face coverings.

4. Wash your hands
   a. You can help yourself and the Tulane Community stay healthy by washing your hands often.
   b. Especially after you have been in a public place and touched an item or surface that may be frequently touched by other people, such as door handles, tables, gas pumps, or shopping carts, etc.
   c. When you wash your hands follow these 5 steps:
      i. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
      ii. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
      iii. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
      iv. Rinse your hands well under clean, running water.
      v. Dry your hands using a clean towel or air dry them.
5. **Get tested as directed**
   a. All members of the Tulane community are required to be tested once per month.
   b. Please monitor your email for information about when you should report to the testing center.
   c. You will be able to make your testing appointment around your schedule.
   d. All information related to COVID-19 testing and contact tracing will be kept confidential. Tulane will not disclose the name of any person with COVID-19.

6. **Participate in contact tracing**
   a. Individuals who test positive for COVID-19, will receive a follow-up phone call from a Tulane contact tracer.
   b. The purpose of this phone call is to determine people they were in close contact with.
   c. Identified contacts of a confirmed case of COVID-19 will be notified and provided with assistance to get tested and to enact isolation/quarantine protocols.

7. **Follow the Tulane and City of New Orleans health guidelines**
   a. All Tulane Community members are required to follow Tulane and New Orleans expectations and guidelines about COVID-19.
   b. This includes wearing of face coverings, physical distancing, and not hosting or attending large gatherings.
   c. Please visit Tulane DOT edu SLASH covid DASH 19 if you need additional information.